

211 Lane

In Lane County we have a wonderful online resource called 211 Lane (<u>www.211lane.org</u>) organized and maintained by United Way of Lane County. This web site will lead you to all kinds of resources, including social services, food, clothing, medical care, and much, much more. Just click on <u>http://www.211lane.org/mainframe.cfm?linkto=findhelp.cfm</u> and then click on the category for which you're seeking help. You'll be taken to a list of organizations, with information about each one, and you can scroll through it until you find just what you're looking for! You can also search by zip code for resources close by.

Women, Infants & Children (WIC) Program

WIC is a program funded by the federal government to provide supplemental foods, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age five who are found to be at nutritional risk. For information about WIC programs in Lane County, contact the Eugene center or click on the link below:

Eugene WIC Services

682-4202

Lane County http://www.lanecounty.org/hhs pubhlth/LCPH WIC.htm

Family Resource Centers

Family Resource Centers are a great community resource for finding play groups, drop-in daycare, other moms to share or trade off babysitting with, or just a place to hang out with other moms and kids. For information, call the centers listed below:

Bethel Village Family Center	
Malibon School	461-6421, ext. 3061
Birth to Three, Eugene	484-5316
Parent helpline	485-5211
Eugene Family Resource Centers	
Howard School	687-3875
Patterson School	334-4896
Springfield/Marcola Family Resource Centers	744-6769
Oakridge Family Resource Center	782-3226, ext. 4239 or 782-3281